



Munson Healthcare
Community Health Library

Lumbar Spinal Stenosis: New Treatments



Dr. Zimmerman & Dr. Beck

Wednesday
April 28, 2010

6:00 – 7:30 pm

*Presented live via the REMEC
TeleHealth Network from
Munson Medical Center
1105 Sixth Street
Traverse City, MI 49684
Conference Center 1- Basement Level*

Open to the public
Free of charge.

***Registration is required for
participants attending at Munson
Medical Center***

What is spinal stenosis? As we age, our spines change. These normal wear-and-tear effects of aging can cause the space around the spinal cord to become narrow. This condition is called spinal stenosis. When stenosis occurs in the lower back it is called lumbar spinal stenosis (LSS). This puts pressure on the spinal cord and the spinal nerve roots, and may cause pain, numbness, or weakness in the legs.

Persons who have this condition may have tried treatments that don't give lasting pain relief. This program will discuss the latest non-surgical and surgical treatment options for LSS.

Dr. Eric Zimmerman & Dr. Howard Beck

Dr. Howard Beck, from the Munson Spine and Nerve Pain Treatment Center, will discuss non-surgical management for LSS. Dr. Eric Zimmerman, Neurosurgeon, will discuss surgical treatment options including a new minimally invasive alternative which is an interspinous process decompression device: the X-Stop spacer.



To register for participation at Munson Medical Center:
Call Munson Community Health Library at 231-935-9265

For participation at all other sites:
Contact the site coordinator at your Facility to confirm program availability in your area. _____