



Munson Healthcare  
Heart Center



## Munson Heart Center Nursing Lecture Series

### Women and Heart Disease: Separating Fact from Fiction

**Tuesday  
February 2, 2010**

**8:00 am - 9:30 am**

*Presented live via the REMEC*

*TeleHealth Network from:*

**Munson Medical Center**

**1105 Sixth Street**

**Traverse City, MI**

**Conference Room 1 – Basement Level**

**No Fee**

**MMC participants must register  
on Healthstream**

**To participate via REMEC at other sites,  
contact your site coordinator to confirm  
availability in your area:**

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1.5 Contact hours will be awarded.

Munson Medical Center is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Planning Committee:

Sheila Falk BSN, RN-BC

Dino Recchia, M.D., F.A.C.C.

Nancy Irish, BSN, RN-BC



**Speaker: Dino Recchia, M.D., F.A.C.C.**

Director of Education, Munson Heart Center

Vice Chairman, Department of Cardiology

Munson Medical Center

Traverse City, Michigan

**Heart disease remains the #1 killer of both men and women alike. There remains a certain amount of confusion regarding gender differences in the diagnosis and treatment of various cardiovascular conditions in women. The matter is made even more complicated by the influence of the popular media in our culture today. Effective nursing care requires a firm foundation based in fact not fiction when it comes to dealing with this important issue.**

**Nurses play a pivotal role in the care of women with all forms of cardiovascular disease. Their unique position demands they stay current with the many facets of the various diagnostic and treatment regimens now used.**

**Dr. Recchia will review this sometimes contentious issue and try and separate fact from fiction. He will discuss the different presentations of various heart diseases in women with a focus on how they may differ from men.**

Michigan State University-School of Human Medicine,  
Michigan Center for Rural Health and  
Geriatric Education Center of Michigan Present:  
**Geriatric Grand Rounds**  
*via The REMEC TeleHealth Network*

**Topic:** Diabetes Management in the Older Adult  
**Speaker:** Ved Gossain, MD  
**Date:** Wednesday, February 3, 2010  
**Time:** 12:00 Noon - 1:00 PM  
**Audience:** General Medical Staff, Nurses



**Accreditation Statement:** **CME:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Michigan State University College of Human Medicine, Michigan Center for Rural Health, and Geriatric Education Center of Michigan. The Michigan State University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Michigan State University designates this educational activity for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. No commercial support was obtained for this educational activity.

**MNA:** Michigan State University College of Nursing (OH-294, 8/14/09) is an approved provider of continuing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



**Faculty Disclosures will be made prior to the start of these activities**

**CONTACT MCRH @ 517-355-8250 or visit**  
**[www.mcrh.msu.edu](http://www.mcrh.msu.edu)**  
***For Objectives and Program Information***

Sign-in sheets, program evaluations & any available handouts will be posted 2-3 days prior to the program at the above website.

***Munson Locations:***

MMC REMEC D6 Conference Room and MCHC Classrooms A & B  
*Contact REMEC at 231-935-7944*

**For participation at all other sites:**

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

**The Michigan Center for Rural Health & the Michigan Arthritis Collaborative Partnership present:**  
**ARTHRITIS GRAND ROUNDS**  
*via the REMEC TeleHealth Network*

*This conference is organized in conjunction with the St. Mary Mercy Hospital-Livonia.*

**Topic:** **Pregnant Women with Rheumatic Diseases**  
**Speaker:** **Wendy Marder, MD**  
**Date:** **Wednesday, February 10, 2010**  
**Time:** **12:00 Noon - 1:00 PM**  
**Audience:** **General Medical Staff**



**Accreditation – Designation Statements:**

**AMA:** St. Mary Mercy Hospital is accredited by the Michigan State Medical Society Committee on CME Accreditation to provide continuing medical education for physicians. St. Mary Mercy Hospital designates these educational activities for a maximum of 1 “AMA PRA Category 1 Credit <sup>TM</sup>” each. Physicians should claim credit commensurate with the extent of their participation in the activity.

**Faculty Disclosures will be made prior to the start of these CME Activities**

**CONTACT MCRH @ 517-355-8250 or visit**  
**[www.mcrh.msu.edu](http://www.mcrh.msu.edu)**

***For Program Information and Learner Objectives***

**Sign-in sheets, program evaluations & any available handouts will be posted 2-3 days prior to the program at the above website.**

***Munson Medical Center Location:***  
**Munson Medical Center, REMEC D6 Classroom**  
***Contact REMEC at 231-935-7944***

**For participation at all other sites:**

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_



Munson Healthcare  
Community Health Library



# Avoiding Sports Injuries

Jennifer Lyon, DO

**Tuesday  
February 10, 2010**

**6:00 pm – 7:30 pm**

*Presented live via the REMEC  
TeleHealth Network from  
Munson Community Health  
Center (MCHC) Classrooms A & B  
550 Munson Avenue  
Ground Floor  
Traverse City, MI 49684*



## **Frequency of Sports Injuries**

In the United States, about 30 million children and teens participate in some form of organized sports. There are more than 3.5 million injuries each year.

As we age, if we stay active in sports, we are also very prone to injuries. For nearly 77 million baby boomers, sports-related injuries have become the No.2 reason for doctor visits behind the common cold.

## **Jennifer Lyon, DO**

Dr. Jennifer Lyon will present a community program that discusses common types of sports injuries and practical steps that can be taken to avoid having injuries.

Dr. Lyon graduated from Michigan State University College of Osteopathic Medicine and completed a fellowship in Sports Medicine. She practices Family Medicine at the Creekside Clinic in Traverse City.

**Open to the public  
Free of charge.**

***Registration is required for participants  
attending at MCHC***

***To register for participation at Munson Community Health Center:***  
Call Munson Community Health Library at 231-935-9265

**For participation at all other sites:**  
Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

# Michigan Center for Rural Health Presents: Social Security Administration's Children/Adult Disability Claims

*via Webinar*

**Topic:** Social Security Administration's Children/Adult Disability Claims!  
"By the way doctor, will you fill out this disability form?"

**Speaker:** James Parrish, SSA, Professional Relations Officer  
Roberts Simpson, SSA, District Manager for the Traverse City Field Office

**Date:** Wednesday, February 17, 2010

**Time:** 12:00 PM – 1:00 PM, EST

**Social Work Accreditation:**

This program is approved by the Michigan Social Work Continuing Education collaborative

**Objectives:**

- Appreciate the difference between a childhood and adult disability claim.
- Overview of the medical impairments that automatically qualify, or meet the requirements of our definition of a disability and learn how claims that do not meet these requirements are handled.
- Develop a better understanding of the primary care physician's role and the key elements of your medical records that are involved in the disability decision process.



**CONTACT MCRH @ 517-355-8250 or visit**

**[www.mcrh.msu.edu](http://www.mcrh.msu.edu)**

***For Program Information***



***Munson Medical Center Location:***  
MMC, REMEC D (South) 6 Conference Room  
*Contact REMEC at 231-935-7944*

**For participation at all other sites:**

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

Michigan Center for Rural Health and The Michigan  
Dental Hygienists' Association Present:  
**Oral Health Grand Rounds**

*via The REMEC TeleHealth Network*

**Topic:** Public Act 161 – Success Worth Smiling About  
(Access to Oral Health Care)

**Speaker:** Bonnie Nothoff, RDH

**Date:** Friday, February 12, 2010

**Time:** 2:30 PM – 3:30 PM, EST

**Host Location:** Munson Medical Center

**Target Audience:** Dental Hygienists



**Accreditation:** This program is accredited by Michigan Dental Hygienists' Association, MDHA is an approved Board of Dentistry (MBOD) Provider Program, expiration date June 20, 2012. MBDH - # 299080025

**Objectives:**

- Understand legislation passed in 2005 authorizing registered dental hygienists to address underserved populations.
- Understand why legislation was necessary to make this a reality.
- Obtain an overview of the necessity of oral health and its relationship to total health.
- Learn the basic rules under which the RDH operates with this new legislation.



**CONTACT MCRH @ 517-355-8250 or visit**

**[www.mcrh.msu.edu](http://www.mcrh.msu.edu)**

*For Program Information, Documents & Accreditation Statements*

***Munson Medical Center Location:***

MMC, REMEC Classroom – Basement Pavilion Area

*Contact REMEC at 231-935-7944*

**For participation at all other sites:**

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

# *Better Breathing*

*An Educational Series for the Community  
Presented by Munson Medical Center Community  
Education via REMEC TeleHealth Network  
(February/March 2010)*

- February 15** Lung Anatomy & Physiology  
**February 22** Know Your Medications  
**March 1** Breathing Devices & Exercise; Pulmonary Hygiene; Travel Tips  
**March 8** Panic Control, Stress & Relaxation  
**March 2** Psychological Aspects of Chronic Illness; Intimacy  
**March 22** Nutrition & Lung Disease  
**March 29** Building Strength & Endurance  
**April 5** Energy Conservation

**Time:** 1:30 pm – 3:00 pm

**Cost:** No Charge for REMEC Member sites  
There is a charge for Non-REMEC Member sites,  
Contact REMEC at 231-935-7944 for details

*For information and to register:  
Call Karen Kain, Respiratory Care at 231-935-6736*

***Munson Locations:***  
MCHC Classrooms A & B

**For participation at all other sites:**

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

# Advanced Ethics Mentor Education Course

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Speakers:

Michael McManus  
M.D., MA.

Jane Dinnen  
BA, RN.

Judith Murray  
BSN, RN.

Michelle Witkop,  
MSN, RN, CS



Each  
Session

Credited  
1.0 CEU

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## Dates to remember:

February 16<sup>th</sup>, March 23<sup>rd</sup>, April 20<sup>th</sup>, and May 25<sup>th</sup>

**Time: 12:00 Noon- 1:00 PM**

### **Munson Medical Center Location:**

REMEC Classroom – Basement Pavilion Area

**Participants must self-enroll in each session  
through their HealthStream account.**

### **For participation at all other sites:**

Register with the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

### **Prerequisites: Ethic Mentor Education Unit 1 – 5**

This educational activity is provided by Munson Medical Center (the provider unit of the Munson Healthcare System). Munson Medical Center is an approved provider of continuing nursing education by the Michigan Nurses Association, an accredited approver by the American Nurses' Credentialing Center's Commission on Accreditation.



Munson Healthcare  
Community Health Library

# Tips for a Healthy Pregnancy

Dr. David Klee



**Tuesday**  
**February 23, 2010**

**6:00 pm – 7:30 pm**

*Presented live via the REMEC  
TeleHealth Network from*  
**Munson Community Health  
Center (MCHC) Classrooms A & B**  
**550 Munson Avenue**  
**Ground Floor**  
**Traverse City, MI 49684**



## **Self Care During Pregnancy**

A positive pregnancy test is life-altering. In an instant your mind is filled with thoughts of baby diapers, sleepless nights, high school proms and wedding days. Unconditional love for your child is already developing. But what do you need to know now, or better yet, before you get pregnant to keep both yourself and your baby healthy while you are pregnant?

A team of obstetrical providers will help you understand the complexities of pre-conception and pregnancy care. They will discuss a variety of topics including: H1N1 prevention and treatment during pregnancy, healthy diet, exercise, caffeine/alcohol/tobacco use, how to manage depression, diabetes, high blood pressure, obesity and hypothyroidism during pregnancy.

### **David Klee, MD, FAAFP**

Dr. Klee and residents Renee Tamlyn, DO, Krissondra Klop, DO, and Heather Kennedy, DO practice at Munson Family Practice Center in Traverse City.

**Open to the public**  
**Free of charge.**

***Registration is required for participants  
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**For participation at all other sites:**  
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